

Rosedale Wellbeing Walk

Fortnightly on a Tuesday
10-11am

Meet at the **Rosedale Community Church,**
Andrew's Lane, Cheshunt, Waltham Cross EN7 6LB



Active Herts
Your first step to a more active lifestyle

Distance covered: **3km**

Terrain: **flat**

Cost: **FREE**

Walk leader: **Bethany**
01992 623835

Email: **admin@**
rosedalechurch.org

Parking: **FREE**

Toilets on site: **Yes**

Refreshments afterwards: **Yes**

Do you enjoy walking and meeting new people? If the answer is yes then why not join Bethany, Adam and Sheila on this fun, friendly walk around Whit Hern Park.

The walk is ideal for all ages and abilities.

Unfortunately we are unable to cater for dogs on this walk.

